

## Alzheimer's Training Disclosure Statement

It is the mission of Welcome Home Health Care, Goldfinch Estates and the Roxanne House to provide adequate training for staff that work with our residents.

According to the Alzheimer's Association, the number of Minnesotans with Alzheimer's and related diseases is approaching 100,000. Well over half, and often more than 75 percent, of the residents in nursing facilities have a dementia diagnosis. Nationally, the Alzheimer's Association has focused on training and many other states have adopted, or are in the process of adopting, dementia training requirements.

We can improve the quality of dementia care and the know-how of workers in the field using Minnesota's dementia training law as a framework for action. The law, now known as Chapter 37, Laws of Minnesota, 2003, went into effect on August 1, 2003.

The Roxanne House considers this an important part of providing quality care for our residents. A highly trained staff assures families and residents that they are being well cared for.

All staff at the Roxanne House and Goldfinch Estates have been trained using the Alzheimer's/Dementia Care for Assisted Living training program developed by ALFA (Assisted Living Federation of America) and the Assisted Living University by ALFA.

The following are the topics covered in our training program:

- Your role as an assisted living caregiver
- Understanding Alzheimer's disease and Related Dementias
- Providing care for confused residents
- Communication skills for residents with Alzheimer's disease
- Managing challenging behaviors
- Supporting family members
- Care for the caregiver

Several videotapes are used in conjunction with this training program. The following videotapes are used with our training program provided by ALFA:

- Orientation to Assisted Living
- Communicating with Resident with Alzheimer's disease
- Wandering
- Agitation
- Overcoming Resistance to Care

Ongoing staff training is also a part of our training program. Goldfinch Estates and the Roxanne House have ongoing in-services that promote awareness and techniques for staff working with residents with Alzheimer's disease or related dementias.